## §441.466

- (2) When and how this information is provided.
- (d) Support system. States must provide, or arrange for the provision of, a support system that meets the following conditions:
- (1) Appropriately assesses and counsels an individual, or the individual's representative, if applicable, before enrollment, including information about disenrollment.
- (2) Provides appropriate information, counseling, training, and assistance to ensure that a participant is able to manage the services and budgets. Such information must be communicated to the participant in a manner and language understandable by the participant. The support activities must include at least the following:
- (i) Person-centered planning and how it is applied.
- (ii) Information about the services available for self-direction.
- (iii) Range and scope of individual choices and options.
- (iv) Process for changing the service plan and service budget.
  - (v) Grievance process.
- (vi) Risks and responsibilities of self-direction.
- (vii) The ability to freely choose from available PAS providers.
  - (viii) Individual rights.
- (ix) Reassessment and review schedules.
- (x) Defining goals, needs, and preferences.
- $\left( \text{xi} \right)$  Identifying and accessing services, supports, and resources.
- (xii) Development of risk management agreements.
- (xiii) Development of an individualized backup plan.
- (xiv) Recognizing and reporting critical events.
- (xv) Information about an advocate or advocacy systems available in the State and how a participant, or a participant's representative, if applicable, can access the advocate or advocacy systems.
- (3) Offers additional information, counseling, training, or assistance, including financial management services under either of the following conditions:

- (i) At the request of the participant, or participant's representative, if applicable, for any reason.
- (ii) When the State has determined the participant, or participant's representative, if applicable, is not effectively managing the services identified in the service plan or budget.
- (4) The State may mandate the use of additional assistance, including the use of a financial management entity, or an mav initiate involuntary disenrollment in accordance with §441.458, if, after additional information, counseling, training or assistance is provided to a participant (or participant's representative, if applicable), the participant (or participant's representative, if applicable) has continued to demonstrate an inability to effectively manage the services and budget.
- (e) Annual report. The State must provide to CMS an annual report on the number of individuals served and the total expenditures on their behalf in the aggregate.
- (f) Three-year evaluation. The State must provide to CMS an evaluation of the overall impact of the self-directed PAS option on the health and welfare of participating individuals compared to non-participants every 3 years.

## §441.466 Assessment of need.

States must conduct an assessment of the participant's needs, strengths, and preferences in accordance with the following:

- (a) States may use one or more processes and techniques to obtain information about an individual, including health condition, personal goals and preferences for the provision of services, functional limitations, age, school, employment, household, and other factors that are relevant to the need for and authorization and provision of services.
- (b) Assessment information supports the determination that an individual requires PAS and also supports the development of the service plan and budget.

## §441.468 Service plan elements.

(a) The service plan must include at least the following:

- (1) The scope, amount, frequency, and duration of each service.
- (2) The type of provider to furnish each service.
  - (3) Location of the service provision.
- (4) The identification of risks that may pose harm to the participant along with a written individualized backup plan for mitigating those risks.
- (b) A State must develop a service plan for each program participant using a person-centered and directed planning process to ensure the following:
- (1) The identification of each program participant's preferences, choices, and abilities, and strategies to address those preferences, choices, and abilities.
- (2) The option for the program participant, or participant's representative, if applicable, to exercise choice and control over services and supports discussed in the plan.
- (3) Assessment of, and planning for avoiding, risks that may pose harm to a participant.
- (c) All of the State's applicable policies and procedures associated with service plan development must be carried out and include, but are not limited to, the following:
- (1) Allow the participant, or participant's representative, if applicable, the opportunity to engage in, and direct, the process to the extent desired.
- (2) Allow the participant, or participant's representative, if applicable, the opportunity to involve family, friends, and professionals (as desired or required) in the development and implementation of the service plan.
- (3) Ensure the planning process is timely.
- (4) Ensure the participant's needs are assessed and that the services meet the participant's needs.
- (5) Ensure the responsibilities for service plan development are identified.
- (6) Ensure the qualifications of the individuals who are responsible for service plan development reflect the nature of the program's target population(s).
- (7) Ensure the State reviews the service plan annually, or whenever necessary due to a change in the participant's needs or health status.

- (8) Ensure that a participant may request revisions to a service plan, based on a change in needs or health status.
- (d) When an entity that is permitted to provide other State plan services is responsible for service plan development, the State must describe the safeguards that are in place to ensure that the service provider's role in the planning process is fully disclosed to the participant, or participant's representative, if applicable, and controls are in place to avoid any possible conflict of interest.
- (e) An approved self-directed service plan conveys authority to the participant, or participant's representative, if applicable, to perform, at a minimum, the following tasks:
- (1) Recruit and hire workers to provide self-directed services, including specifying worker qualifications.
  - (2) Fire workers.
- (3) Supervise workers in the provision of self-directed services.
- (4) Manage workers in the provision of self-directed services, which includes the following functions:
  - (i) Determining worker duties.
  - (ii) Scheduling workers.
- (iii) Training workers in assigned tasks.
- (iv) Evaluating workers performance.(5) Determine the amount paid for a
- service, support, or item.
  (6) Review and approve provider in-

## §441.470 Service budget elements.

- A service budget must be developed and approved by the State based on the assessment of need and service plan and must include the following:
- (a) The specific dollar amount a participant may utilize for services and supports.
- (b) How the participant is informed of the amount of the service budget before the service plan is finalized.
- (c) The procedures for how the participant, or participant's representative, if applicable, may adjust the budget, including the following:
- (1) How the participant, or participant's representative, if applicable, may freely make changes to the budget.